



Risk Assessment

Company name: All Aboard Youth Rowing

Assessment carried out by: M Selway

Date assessment carried out: March 2024

Update by R Sinnott October 2026

Date of next review: Sept 2027

**ARC-Agecroft RC, HLRC-Hollingworth Lake RC, LVRC-Liverpool Vics RC, NRC-Northwich RC, NSRC-North Staffs RC,
RRC-Runcorn RC, WRC-Warrington RC**

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Ill health	Rowers	All pupils are checked by staff before leaving the school	Ensure controls are maintained	Teachers, School Leads	On-going	
River level, high or low	All boat users	Review before boating	Monitor situation whilst afloat	Coaches	On-going	
Slipway gate left open WRC	Children swinging on gate. A vehicle enters the water	Launch drivers encouraged to close gate when launches out on water	Ensure controls are maintained	Launch Drivers	On-going	
Slipway blocked or slippery WRC, LVRC	Rowers, Coaches	Check conditions at start of session. Keep slipway clear.	Ensure controls are maintained.	Coaches	On-going	

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ARC						
Thunderstorm	Boat struck by lightning	Session coaches review conditions before boating. Adhere to 30:30 Rule	Ensure controls are maintained	Coaches	On-going	
Cold or wet weather	Rowers suffer hypothermia	Session coaches review conditions before boating. Adequacy of junior clothing checked prior to boating. Hot showers in clubhouse.	Use weather apps. No boating below 5C.	Coaches and School Staff	On-going	
High Temperatures	Rowers suffer dehydration/heatstroke	Session coaches review conditions before boating. Adequacy of junior clothing checked prior to boating. Rowers to apply sun screen. Cold showers in clubhouse.	Use Weather Apps. Ensure controls are maintained. Maintain stock of sun screen.	Coaches and School Staff	On-going	
Launching safety boats	Rowers and Coaches can be hit and injured by moving parts. Rope burns	Children to be kept away from any moving parts and strictly supervised.	Coaches to be trained how to launch safety boats.	Coaches and School Staff.	Ongoing	
Safety boat motor ignites	Smoke inhalation/burns to launch driver	All launches are equipped with a powder extinguisher	Annual inspection of extinguishers	Club Safety Advise. (CSA)	Ongoing	
Safety boat motor fails	Launch strikes bank or bridge or drifts downstream. Launch drifts away from rowers. Launch drifts toward hazard	Regular servicing. All launch drivers have mobile phones. All launches equipped with a paddle. Qualified launch drivers	Ensure controls are maintained	CSA Launch drivers	Ongoing	

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Poor Handling of boats while launching	Strain or back injury while carrying boats	One person co-ordinates lifts. Ensure sufficient people are available to carry boat	Ensure controls are maintained. Ensure route to water kept clear and safe.	Session coaches. Club officers.	Ongoing	
Trapping fingers	Between boat and trestle/landing stage	One person co-ordinates lifts. Concentrate	Ensure controls are maintained	Session coaches and all rowers	Ongoing	
Flooded landing stage WRC	All boat users	Careful attention of coaches Landing stage marked by yellow line. All to wear wellies.	Ensure controls are maintained	Coaches	Ongoing	
Floating landing stages, HLRC LVRC, RRC, ARC, NSRC,	All boat users.	Landing stage will wobble. Make sure Landing Stage edge does not sink into water as boat and rowers approach water.	Keep surface and floatation well maintained.	Club officers	Ongoing	
Lifting boats off racks. (ARC, NSRC)	Potential injury to rowers and coaches	One person co-ordinates lifts. Concentrate	Ensure controls are maintained	Session coaches	Ongoing	
Raising or lowering stable boats WRC, NRC, RRC, LVRC HLRC	Potential injury to rowers and coaches	Procedure written for operation of the lifting frame in the shipping container. (WRC) Only used by trained adults (WRC) Children kept out of container, away from lifting frame.(WRC) Lifting to be closely supervised by trained coaches.	Ensure controls are maintained	Trained adults	Ongoing	

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Strong winds blow boat into obstacles. WRC, RRC, NRC, ARC	Potential capsize and/or damage to boat	Session coaches review conditions before boating. Emergency Plans	Ensure controls are maintained. Use weather Apps	Head coach/ session coaches	Ongoing	
Strong Winds blow boats away on open water. ARC, HLRC, NSRC, LVRC	Boats blown away from safety/coaching launches. Boats being blown into dangerous situations.	Check in with harbour master (ARC & LVRC) Qualified launch drivers, keeping in close contact with crews. Coaches to have mobile phones. Assess weather prior to launching. Assess wind speed and direction (LVRC)	Use weather apps.	Head Coach. Session Coach. School Staff	Ongoing	
Strong river flow pushes boat into obstacles	Potential capsize and/or damage to boat	Session coaches review conditions before boating. All rowers, coxes and coaches wear buoyancy aids. Use stable boats.	Ensure controls are maintained	Session coaches	Ongoing	
Junior boat capsizes	Potential injury and/or damage to boat	Juniors are always accompanied by a coach in a launch carrying a safety bag. Hot showers in clubhouse. Use stable boats.	Ensure controls are maintained Ongoing training for coaches.	Coaches/Launch drivers	Ongoing	

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River pollution or contaminants	Illness to rowers	Rowers encouraged to wash hands and face after rowing, and before eating or drinking.	Ensure controls are maintained	All rowers	Ongoing	

More information on managing risk: www.hse.gov.uk/simple-health-safety/risk/

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